

Safety protocols and guidelines for RhythMix classes

Self-Monitoring

Gymnasts, families and staff are asked to stay home from class if they or any of their immediate family members are sick.

Entering/Exiting the gym/building

Temperatures will be taken at the door for anyone walking into the building.

Should any gymnast, parent or coach register a temperature of 100.4 degrees or above they will not be permitted to enter the building.

*Class times are staggered to avoid large gatherings at the door. We ask for each gymnast to arrive on time and no earlier than 5 minutes before start time. Gymnasts must leave the facility as soon as class ends. Please be on time to pick up your daughter after class.

**All gymnasts 5 years old and older must be dropped off at the front door. Our goal is to limit parents inside the building, however, if your 3-5 year old (beginner) needs you close by during class, we will allow you to be in the hall/waiting area. Please wear a mask at all times inside the waiting area.

Hand sanitizing/washing

Gymnasts and staff will be asked to sanitize or wash hands upon entering the building. Hand sanitizers will be available throughout the gym space.

Face covering and social distance

All gymnasts, parents and staff are required to wear a mask/face covering while in the building. Gymnasts may remove masks once actively participating in class but must replace them when not practicing or entering/exiting the building. Coaching staff will wear masks at all times.

Class schedules are modified to allow distancing between gymnasts and classes. Given the nature of the sport and the need for close contact for spotting and correcting purposes, we ask for leniency regarding distancing between coaches and gymnasts.

Personal belongings/equipment

All gymnasts must bring in a closed water bottle (no water fountain access), no food/snacks allowed in the gym. Levels 3-9 must have own equipment at all practice times.

Disinfecting/Cleaning

Any equipment used by recreational classes will be sanitized between classes. Carpets will be sprayed down with a disinfecting spray and vacuumed regularly. A professional cleaning crew will clean and sanitize the whole facility daily.

Waiver

Each participating gymnast must have a signed COVID waiver on file. The waiver is available to print from our website or handed out in the gym.

Closure/Refunds

In the event that a gymnast/family member, coaching staff, or any member of the Redline Athletics program tests positive for COVID: everyone involved will be notified in a timely manner, the Redline facility may need to be shut down for proper cleaning and classes may be canceled for a short period of time. Please be respectful and understanding in case of this scenario. We will handle make ups for this closure on a as needed basis. Also, in the case that the state governing body forces us to shut down due to COVID, we will pause the session, and resume when it is safe to do so. No refunds will be provided for either of these closures, but it will be applied towards the session once we resume.