



Orlando Cup Schedule

Friday January 31st, 2020			
GYM A			
Start	End		
Level 3 (All Ages)			
7:30 AM	8:15 AM	Warm up	
8:15 AM	10:15 AM	Competition	All Equipment
Level 4 Group 1 Check List			
9:15 AM	10:15 AM	Warm up	
10:15 AM	12:15 PM	Competition	All Equipment
Level 4 Group 2 Check List			
10:00 AM	11:00 AM	Warm up	
11:00 AM	12:15 AM	Competition	All Equipment
Level 4 Group 3 Check List			
11:45 AM	12:45 AM	Warm up	
12:45 AM	2:30 PM	Competition	All Equipment
Level 4 Group 4 Check List			
12:15 PM	1:15PM	Warm up	
1:15 PM	2:30 PM	Competition	All Equipment
Level 5 Group 1 (Boston WT, Florida Gymnastics Academy, Liberty Academy, Premier Gymnastics, Tampa Bay Rhythmic, Vitrychenko Academy)			
1:30 PM	2:30 PM	Warm up	
2:30 PM	4:45 PM	Competition	All Equipment
Level 5 Group 2 (Boston WB, IK School, Isadora, Miami Gymnastics, Mayela Rhythmic, Philadelphia RG, Puerto Rico RG)			
4:00 PM	5:00 PM	Warm up	
5:00 PM	7:15 PM	Competition	All Equipment
Level 5 Group 3 (DuSol/Start, Prima RG, Rhythmic Art, RhythMix, Sonya Flex, World Rhythmic, Sport Princess, Marquee RG, VIDA Gymnastics)			
6:45 PM	7:45 PM	Warm up	
7:45 PM	9:45 PM	Competition	All Equipment

Note: Please be aware that we may run 10 minutes early right after lunch break (12:45PM). Awards will be 15 minutes after each level are done with competition.

Saturday Schedule

Saturday February 1st, 2020 GYM A			
Start	End		
Level 9 JrB (2005)			
7:30 AM	8:30 AM	Warm up	
8:30 AM	10:00 AM	Competition	All Equipment
Level 9 JrB 2006 (IK, Miami G, M&N, Tampa, Isadora)			
9:00 AM	10:00 AM	Warm up	
10:00 AM	11:40 AM	Competition	All Equipment
Intermediate Group			
10:40 AM	11:40 AM	Warm up	
11:40 AM	11:50 AM	Competition	All Equipment
Level 9 JrB 2006 (Rest of the Clubs)			
10:50 AM	11:50 AM	Warm up	
11:50 AM	1:30 PM	Competition	All Equipment
Level 9 JrB (2007)			
1:00 PM	2:00 PM	Warm up	
2:00 PM	3:20 PM	Competition	All Equipment
Level 9 JrA (2008 & 2009)			
2:20 PM	3:20 PM	Warm up	
3:20 PM	4:30 PM	Competition	All Equipment
Beginner Group			
3:30 PM Warm up			
4:30 PM Competition			
Level 9 Sr			
3:40 PM	4:40 PM	Warm up	
4:40 PM	7:00 PM	Competition	All Equipment
Level 10 (All Ages)			
6:30 PM	7:30 PM	Warm up	
7:30 PM	9:45 PM	Competition	All Equipment

Saturday February 1st, 2020 GYM B			
Start	End		
Xcel A & Xcel D			
4:30 PM	5:30 PM	Warm up	
5:30 PM	7:00 PM	Competition	All Equipment
Xcel B & C			
6:00 PM	7:00 PM	Warm up	
7:00 PM	8:30 PM	Competition	All Equipment

Note: Please be aware that we may run 10 minutes early right after lunch break (2:00PM). Awards will be 15 minutes after each level are done with competition.

Sunday Schedule

Sunday February 2nd, 2020 GYM A			
Start	End		
Level 7 JrA (2009)			
7:30 AM	8:30 AM	Warm up	
8:30 AM	10:40 AM	Competition	All Equipment
Level 7 JrA (2008)			
9:45 AM	10:45 AM	Warm up	
10:45 AM	1:00 PM	Competition	All Equipment
Level 7 Child C (2010) & JrB (2007)			
12:30 PM	1:30 PM	Warm up	
1:30 PM	3:00 PM	Competition	All Equipment
Level 7 JrB (2006) & Sr			
2:00 PM	3:00 PM	Warm up	
3:00 PM	4:45 PM	Competition	All Equipment
FIG Group (Jr. & Sr.)			
3:45 PM	4:45 PM	Warm up	
4:45 PM	5:00 PM	Competition	All Equipment
Level 8 JrA (2008 & 2009)			
4:00 PM	5:00 PM	Warm up	
5:00 PM	7:00 PM	Competition	All Equipment
Level 8 JrB (2005, 2006, 2007) & Sr.			
6:30 PM	7:30 PM	Warm up	
7:30 PM	9:30 PM	Competition	All Equipment

Sunday February 2nd, 2020 GYM B			
Start	End		
Level 6 Child C (2011) & JrA (2008)			
7:30 AM	8:30 AM	Warm up	
8:30 AM	10:30 AM	Competition	All Equipment
Level 6 JrA (2009)			
9:30 AM	10:30 AM	Warm up	
10:30 AM	12:30 PM	Competition	All Equipment
Level 6 Child C 2010 (IK, Liberty, Miami G, Prima)			
12:00 AM	1:00 PM	Warm up	
1:00 PM	2:30 PM	Competition	All Equipment
Level 6 Child C 2010 (Isadora, Premier, Rhythmic Dreams, RhythMix, Tampa Bay, Vitry)			
1:30 PM	2:30 PM	Warm up	
2:30 PM	4:00 PM	Competition	All Equipment
Level 6 JrB (2006 & 2007) & Sr			
3:15 PM	4:15 PM	Warm up	
4:15 PM	5:45 PM	Competition	All Equipment

Note: Please be aware that we may run 10 minutes early right after lunch break (1:30PM). Awards will be 15 minutes after each level are done with competition.

Award Schedule

Level	Time	Location
Level 3	Friday at 10:30 AM	Award Area
Level 4	Friday at 2:45 PM	Award Area
Level 5	Friday at 9:45 PM	Award Area
Intermediate Group	Saturday at 12:00 PM	Award Area
Beginner Group	Saturday at 4:45 PM	Award Area
Level 9	Saturday at 7:15 PM	Award Area
Xcel	Saturday at 8:30 PM	Award Area or GYM B (TBD)
Level 10	Saturday at 9:45 PM	Award Area
Level 7 & FIG Groups	Sunday at 5:00 PM	Award Area
Level 6	Sunday at 6:00 PM	Award Area
Level 8	Sunday at 9:40 PM	Award Area

Level 4 List Group#1

Name	Last Name	Club	Year	
Emma	Borja	IK school of gymnastics	2012	CB
Viktoriia	Horlenko	IK school of gymnastics	2012	CB
Mery	Mouradian	IK school of gymnastics	2012	CB
Alina	Ospan	IK school of gymnastics	2013	CB
Gabriela	Fundora	IK school of gymnastics	2013	CB
Sofia	Shtepa	IK school of gymnastics	2013	CB
Anastasia	Stolbunova	IK school of gymnastics	2013	CB
Victoria	Arango	Rhythmic Art	2012	CB
Mariana	Doudnik	Rhythmic Art	2012	CB
Amanda	Levy	Rhythmic Art	2012	CB
Sofia	Palmer	Rhythmic Art	2012	CB
Mia	Salcedo	Rhythmic Art	2012	CB
Gabriela	Sanchez	Rhythmic Art	2012	CB
Tanyla	Xia	Rhythmic Art	2013	CB
Milana	Zimina	Rhythmic Art	2013	CB
Veronica	Nikolashkina	Rhythmic Art	2013	CB
Gloria	Li	Sonya Flex Academy	2013	CB
Nikolina	Kryvulets	VIDA Gymnastics	2012	CB
Sofia	Chuneyeva	VIDA Gymnastics	2013	CB
Violetta	Lototska	Vitrychenko Academy	2012	CB
Elizabeth	Sadovska	Vitrychenko Academy	2013	CB

Level 4 List Group#2

Name	Last Name	Club	Year	
Solano	Nagamiya	Boston Rhythmic Watertown	2010	CC
Asya	Georgieva	Exellence	2010	CC
Ariana	Armas	IK school of gymnastics	2010	CC
Valentina	Chaparro	IK school of gymnastics	2010	CC
Yana	Raimova	IK school of gymnastics	2010	CC
Anastasiia	Dubousova	IK school of gymnastics	2011	CC
Adriana	Lushnikov	IK school of gymnastics	2011	CC
Valentina	Melo De Moura Coutinho	IK school of gymnastics	2011	CC
Eva	Mouradian	IK school of gymnastics	2011	CC
Sofia	Shilov	Premier Gymnastics	2010	CC
Mia	Tomchinsky	Premier Gymnastics	2010	CC
Valentina	Kasbar Scire	Premier Gymnastics	2011	CC
Eva	Locascio	Premier Gymnastics	2011	CC
Isabella	Hernandez	Puerto Rico Rhythmic Gymnastics Academy	2010	CC
Khilko	Alina	Sporty Princess	2010	CC
Kaitlyn	Rinche	Tampa Bay Rhythmics	2010	CC
Gia	Gonzalez	Tampa Bay Rhythmics	2010	CC

Level 4 List Group#3

Name	Last Name	Club	Year	
Emma	Batsevitsky	Boston Rhythmic Watertown	2012	CB
Claire	Liang	Boston Rhythmic Watertown	2012	CB
Karolina	Bagirova	DuSol	2012	CB
Margarita	Drobnitska	DuSol	2012	CB
Stefania	Vernichesku	DuSol	2012	CB
Valerie	Magduke	Isadora	2012	CB
Katherine	Turenkov	Lena Escuela de Gimnasia Ritmica de Puerto Rico	2012	CB
Ema	Velez	Lena Escuela de Gimnasia Ritmica de Puerto Rico	2009	JrA
Isabella	Perdomo	Liga Gimnasia del Quindio	2009	JrA
Chantal	Medina	MIAMI GYMNASTICS	2012	CB
Sofia	Shevchuk	MIAMI GYMNASTICS	2009	JrA
Angelina	Ferrara	Pittsburgh Northstars	2009	JrA
Alisa	Pinyagina	Premier Gymnastics	2012	CB
Alisa	Pogrebniak	Premier Gymnastics	2012	CB
Lorena	Queiroz	VIDA Gymnastics	2009	JrA

Level 4 List Group#4

Name	Last Name	Club	Year	
Mila	Farinas	MIAMI GYMNASTICS	2011	CC
Maria	Dudina	Pittsburgh Northstars	2011	CC
Addison	Michael	Premier Gymnastics	2008	JrA
Sadie	Phillips	Premier Gymnastics	2011	CC
Zoe	Trost	Premier Gymnastics	2011	CC
Kappy	Reagan	Prima RG	2008	JrA
Zlata	Ivanovskaya	Prima RG	2011	CC
Marina	Tavares	Sonya Flex Academy	2011	CC
Anastasia	Knysnova	VIDA Gymnastics	2011	CC
Valentina	Constantin	Vitrychenko Academy	2011	CC
Emily	Mykhalska	Vitrychenko Academy	2011	CC